

# Smart Growth Canada Network

## RESOURCES ON WALKABILITY

### Books

Bohl, Charles C. 2002. *PlaceMaking: Developing Town Centers, Main Streets, and Urban Villages*. Washington, DC: Urban Land Institute.

Demers, Marie. 2005. *Walk For Your Life! Restoring Neighborhood Walkways to Enhance Community Life, Improve Street safety and Reduce Obesity*. Ridgefield, CT: Vital Health Publishing.

Engwicht, David. 1993. *Reclaiming Our Cities and Towns: Better Living With Less Traffic*. Gabriola Island, BC: New Society Publishers.

Engwicht, David. 1999. *Street Reclaiming: Creating Livable Streets and Vibrant Communities*. Gabriola Island, BC: New Society Publishers.

Frank, Lawrence, Peter Engelke and Tom Schmid. 2003. *Health and Community Design: The Impacts of the Built Environment on Physical Activity*. Washington, DC: Island Press.

Frumkin, Howard, Lawrence Frank, and Richard Jackson. 2004. *The Public Health Impacts of Sprawl*. Washington, DC: Island Press.

Gehl, Jan. 1987. *Life Between Buildings*. New York: Van Nostrand Reinhold.

Girling, Cynthia and Ronald Kellett. 2005. *Skinny Streets and Green Neighborhoods*. Washington, DC: Island Press.


Jacobs, Allan. 1995. *Great Streets*. Cambridge, MA: MIT Press.

Jacobs, Jane. 1961. *The Death and Life of Great American Cities*. New York: Vintage.

Larice, Michael and Elizabeth Macdonald (eds.). 2007. *The Urban Design Reader*. New York: Routledge.

Whyte, William. 1988. *City: Rediscovering the Center*. New York: Doubleday.


Whyte, William. 1980. *The Social Life of Small Urban Spaces*. Washington, DC: Conservation Foundation.



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## Articles

- Davison, Kirsten K. and Catherine Lawson. 2006. "Do Attributes in the Physical Environment Influence Children's Physical Activity? A Review of the Literature." *International Journal of Behavioral Nutrition and Physical Activity* 3:19.
- Frank, L.D., J.F. Sallis, T. Conway, J. Chapman, B. Saelens, W. Bachman. 2006. "Multiple Pathways from Land Use to Health: Walkability Associations With Active Transportation, Body Mass Index, and Air Quality." *Journal of the American Planning Association*, Winter.
- Frank, Lawrence and Peter Engelke. 2005. "Multiple Impacts Of The Built Environment On Public Health: Walkable Places And the Exposure To Air Pollution." *International Regional Science Review*.
- Frank, Lawrence, Tom Schmid, James F. Sallis, James Chapman, Brian Saelens. 2005. "Linking Objective Physical Activity Data with Objective Measures of Urban Form." *American Journal of Preventive Medicine*, 28, no. 2S.
- Frank, Lawrence. 2004. "Public Health and the Built Environment, Emerging Evidence and Complexity." *Canadian Journal of Dietetic Practice and Research*, 65, no. 2.
- Frank, Lawrence, Martin Andresen, Tom Schmid. 2004. "Obesity Relationships With Community Design, Physical Activity, and Time Spent in Cars." *American Journal of Preventive Medicine*, 27, no. 2.
- Leslie, E., B. Saelens, L. Frank, N. Owen, A. Bauman, N. Coffee, G. Hugo, 2004. "Residents' Perceptions of Walkability Attributes in Objectively Different Neighbourhoods: A Pilot Study." *Place*.
- Pratt, Mike, C.A. Macera, J.F. Sallis, R. O'Donnell, L. F. Frank. 2004. "Economic Interventions to Promote Physical Activity: Application of the SLOTH Model." *American Journal of Preventive Medicine*, 27, no. 3.
- Saelens, Brian, Jim Sallis, and Lawrence Frank. 2003. "Environmental Correlates of Walking and Cycling: How Findings from Transportation, Urban Design, and City Planning Literature Can Inform Physical Activity Research." *Annals of Behavioral Medicine*. 24, no. 3.
- Sallis, J. F., L. D. Frank, B. E. Saelens, M. K. Kraft, M.K. 2004). "Active Transportation and Physical Activity: Opportunities for Collaboration on Transportation and Public Health Research." *Transportation Research, Part A: Policy and Practice*, 38, 249-268.



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## Web Sites

### America Walks

[<http://www.americawalks.org/advocacy/resolutions.html>]

### Better Environmentally Sound Transportation (BEST)

[<http://www.best.bc.ca/>]

### City of Toronto Pedestrian Charter

[<http://www.toronto.ca/pedestrian/background.htm>]

### City Repair

[<http://www.cityrepair.org/wiki.php>]

### Culture Change (on pedestrian malls)

[<http://www.culturechange.org/issue14/pedestrianmall.html>]

### Project for Public Spaces

[<http://www.ppp.org>]

### Smart Growth BC

[<http://www.smartgrowth.bc.ca>]

### Smart Growth Canada Network (see on-line courses on smart growth)

[<http://www.smartgrowth.ca>]

### Street Reclaiming

[<http://www.lesstraffic.com/Programs/SR/SR.htm>]

### Streets Without Cars

[<http://www.streetswithoutcars.com/>]

### Traffic Calming

[<http://www.trafficcalming.org/>]

### Traffic Logix

[<http://trafficlogix.com/?gclid=CIKw5JO10o4CFQcdYwod8HnMBA>]

### Victoria Transportation Policy Institute

[<http://www.vtpi.org>]